



BETTER THAN BEFORE

GROWING INTO
GOD'S BEST FOR YOUR LIFE

WEEK 6

MATURE
BELIEVERS
GROW UP

DAY 1 - TIME TO GROW UP

"Though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again." — Hebrews 5:12 (NIV)

Like a coach who runs drills to prepare players for the game, the writer of Hebrews is reminding us that we were made for more. God wants every believer to grow from spiritual infancy into maturity. He wants you to move from needing constant feeding to feeding others. He wants you to grow from the drills to be ready to play the game.

Growth begins when you take ownership of your spiritual life. It happens when scripture becomes your personal pursuit, not something you only hear about once a week. You cannot grow on borrowed faith. You need firsthand faith.

Peter says, *"Like newborn babies, crave pure spiritual milk so that you may grow up in your salvation."* —1 Peter 2:2 (NIV)

When you crave the Word, you grow in the Word. Spiritual growth is not automatic. It comes from desire, discipline, and dependence on God. When you show up hungry, God will always feed you.

Growing up spiritually means you stop settling for spiritual basics and start leaning into spiritual maturity. You start seeking God daily. You start applying truth. You start building habits that lead to a strong faith.

REFLECTION QUESTIONS

What is one area you can grow in?

What will taking responsibility for your growth look like this week?

DAY 2 - EMBRACE CORRECTION

"All Scripture is God breathed and is useful for teaching, rebuking, correcting, and training in righteousness." —2 Timothy 3:16 (NIV)

Correction never feels good, but it always helps you grow. God uses scripture to confront attitudes, choices, and directions that can harm you. Like a parent who is correcting their child, in love, He does not correct to punish you; He corrects to protect you.

Correction is part of love. The Scripture says, *"Do not despise the Lord's discipline ... because the Lord disciplines those He loves."* —Proverbs 3:11-12 (NIV)

God corrects you because He cares too much to let you stay stuck, broken, or misled. Correction reveals what God wants to heal, shape, or strengthen in your life.

Your response to correction determines your growth. If you resist, you stay stuck. If you receive, you become wiser, stronger, and freer.

Let scripture correct you. Let it interrupt unhealthy patterns. Let it redirect your path. God always uses correction as preparation for something better.

REFLECTION QUESTIONS

How do you normally react when scripture corrects you?

What recent conviction might God be using to guide you?

DAY 3 - TRAIN FOR RIGHTEOUSNESS

“Scripture is useful for ... training in righteousness.” - 2 Timothy 3:16 (NIV)

Righteousness does not develop in a single moment. It is learned over a lifetime. Training for righteousness means repeating the right actions until they become part of who you are. You renew your mind daily. You practice obedience repeatedly. You surrender to God again and again. People don't usually amass a large amount of money overnight, but it's through small incremental investments that it grows. Righteousness grows with every single daily decision we make.

Training creates spiritual reflexes. The more you practice forgiveness, the quicker you forgive. The more you practice prayer, the more naturally you pray. The more you listen to God, the easier it becomes to hear His voice.

The Apostle Paul says, *“Train yourself to be godly because godliness has value for all things.” - 1 Timothy 4:7 to 8 (NIV)*

Training takes patience. It takes commitment. It takes practice even when you do not feel the results yet. But over time, righteousness becomes your instinct rather than your struggle. Your heart grows softer. Your thoughts grow cleaner. Your choices grow stronger.

REFLECTION QUESTIONS

Which spiritual muscle needs development right now?

What daily reps can you begin this week?

DAY 4 - FAT THE WORD

"Solid food is for the mature, who by constant use have trained themselves to distinguish good from evil." —Hebrews 5:14 (NIV)

There is a difference between reading scripture and feeding on scripture. One gives you information. The other gives you transformation. Milk keeps you alive. Solid food makes you strong. Mature believers do not rush through the Word. They chew on it, sit with it, meditate on it, and apply it.

Jeremiah understood this deeply. *"When your words came, I ate them, they were my joy and my heart's delight." —Jeremiah 15:16 (NIV)*

Feeding on the Word means you stay long enough for the truth to sink in. You slow down. You ask questions. You let God reshape your thinking. You let scripture expose motives and guide decisions. Over time, wisdom becomes natural. Discernment becomes instinctive. You start seeing truth faster and spotting lies sooner.

Spiritual maturity grows in the slow, steady digestion of scripture. Stay at the table. God will feed your soul.

REFLECTION QUESTIONS

What does growing mature in scripture look like to you?

How can you slow down and feed on the Word this week?

DAY 5 - GROW TO SERVE

“Christ gave [gifts] to equip His people for works of service so that the body of Christ may be built up.” —Ephesians 4:11-12 (NIV)

Spiritual maturity is never just for you. God grows you so you can grow others. He strengthens you so you can strengthen someone else. When God pours into your life, it is meant to flow through you. Mentorship is important because it allows others to grow from your past mistakes.

Maturing believers turn knowledge into encouragement, wisdom into guidance, and faith into action. You were not saved to sit still. You were saved to serve.

The Apostle Paul says, *“Do not look out only for your own interests but take an interest in others, too.” —Philippians 2:4 (NLT)*

Serving pulls you out of your comfort zone. It builds humility. It shapes compassion. It expands your perspective. It teaches you to depend on God rather than yourself. When you serve, you grow. When you pour into others, God pours more into you.

A mature believer invests in people. Who you serve will shape who you become.

REFLECTION QUESTIONS

Who can you encourage or invest in this week?

How can serving others deepen your spiritual maturity?