



# BETTER THAN BEFORE

GROWING INTO  
GOD'S BEST FOR YOUR LIFE

## WEEK SIX

1. Why is it important for us not to live on the milk of the word of God and to grow spiritually?
2. What is something in God's word that you are struggling to apply in your life?
3. How can we become less focused on ourselves, and more others focused?
4. What are some keys to making Jesus the top priority of your life?
5. What sin or shortcoming have you overcome in the past year? How did you do it?
6. How does the Word of God and the Holy Spirit make us more discerning? How have you become more discerning?
7. What area of your life do you want to see growth in 2026?

In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word ALL OVER AGAIN. You need milk, not solid food! 13 Anyone who LIVES ON MILK, BEING STILL AN INFANT, is not acquainted with the teaching about righteousness. 14 But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

HEBREWS 5:12-14 NIV