

# DISCUSSION QUESTIONS

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- 1.** How do addictions catch people like ropes and hold them back from all that God has for their life?
- 2.** Why is it important for you to understand that Jesus has the power to set people free from addictions and the ropes that hold us back?
- 3.** What does “Who the Son sets free is free indeed” mean to you?
- 4.** Even though Jesus has provided freedom for us, how can Christians be burdened again with a yoke of slavery?
- 5.** Has shame, guilt, or condemnation ever kept you from running to Jesus for help?
- 6.** Why is it hard for people to open up and talk about their addictions?
- 7.** What are some things people can do to make it safe for others to open up about their addictions and struggles?
- 8.** How do our secrets keep us sick?
- 9.** Have you built healthy boundaries in your life so you can live a life of victory?
- 10.** What areas of your life are you struggling to create healthy boundaries?