

SESSION 2

SMALL GROUP GUIDE





SMALL GROUP **A Humble Life**

Getting Started

Welcome to week two! This week, we're doing the work of setting aside our pride and embracing the way of Jesus: humility and service. These aren't easy (or natural) things to do. But the right perspective shows us how.

Let's start our journey with some reflection:

- What does humility mean to you?
- Share a time when you saw true humility in someone's life. How did it impact you or others?

Watch The Lesson

Next is a space for notes, questions, and thoughts you want to share or remember. After watching the video, have someone read the lesson's discussion questions, then you can discuss them as a group. Remember to give everyone in the group an opportunity to share.



SESSION 2 Video Notes

A Humble Life

Mark 10:45: *For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many.” NLT*

Three Characteristics of a Disciple:

1. The _____ of a humble disciple.

Philippians 2:1-4: *Is there any encouragement from belonging to Christ? Any comfort from his love? Any fellowship together in the Spirit? Are your hearts tender and compassionate? 2 Then make me truly happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and purpose. 3 Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. 4 Don't look out only for your own interests, but take an interest in others, too. NLT*

Matthew 14:14: *Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them and healed their sick. NLT*

2. The _____ of a humble disciple.

Philippians 2:5: *You must have the same attitude that Christ Jesus had. NLT*

3. The _____ of a humble disciple.

Philippians 2:6-8: *Though he was God, he did not think of equality with God as something to cling to. 7 Instead, he gave up his divine privileges; he took*

the humble position of a slave and was born as a human being. When he appeared in human form, 8 he humbled himself in obedience to God and died a criminal's death on a cross. NLT

John 13:3-5: *Jesus knew that the Father had given him authority over everything and that he had come from God and would return to God. 4 So he got up from the table, took off his robe, wrapped a towel around his waist, 5 and poured water into a basin. Then he began to wash the disciples' feet, drying them with the towel he had around him. NLT*

Answer key: 1. heart, 2. head, 3. hands

LET'S DISCUSS

In this section, talk about how you will apply the wisdom you have learned from the weekend message and small group study. Then discuss practical steps you can take to live out what you've learned.

Read **Philippians 2:7-8** as a group:

Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, he humbled himself in obedience to God and died a criminal's death on a cross.

1. Discuss the difference between the world's view and God's view of humility.
2. What is the relationship between humility and servant leadership?
3. How does this verse depict Jesus' humility?
4. How can we model Jesus' servant leadership in our daily lives?
5. Can you think of someone who has been a disciple—or servant leader—in your life?
6. What are some practical ways we can humble ourselves?
7. What steps can we take to nurture and recognize the potential in others around us?

Read **John 13:3-5** as a group:

Jesus knew that the Father had given him authority over everything and that he had come from God and would return to God. So he got up from the table, took off his robe, wrapped a towel around his waist, and poured water into a basin. Then he began to wash the disciples' feet, drying them with the towel he had around him.



8. Why do you think Jesus chose to wash the disciples' feet, and what does this action signify?
9. How does Jesus' act of service challenge our understanding of leadership and greatness in the kingdom of God?
10. Share a time when a leader in your life served you.
11. Have there been moments in your life where you've been called to humble yourself and serve others, even when you felt it was below your status or comfort zone?
12. How can we emulate Jesus' example of servant leadership in our daily lives and interactions with others?
13. What barriers or mindset shifts need to occur for us to genuinely serve and uplift others, even when it might not benefit us directly?



GO TO GOD

As we go through life, we should aim to be humble and others focused. Jesus showed us the way by serving others, even dying on the cross for us. His desire for us to be a humble disciple should be our guide.

Take a moment to:

1. Pray for God to show you an area of your life where you need a change of perspective towards humility.
2. Pray for God to show you ways you can be more others minded and see opportunities to serve others like Jesus did.
3. Share a testimony or story where someone impacted your life just by being a humble disciple.



